

Employee Newsletter

Dates to Remember

- Labor Day Holiday September 1st
- September 2nd Commissioners Meeting 2:00 PM
- September 4th Edgecombe County goes **GREEN** - unveiling of natural gas vehicles 10:30 AM DSS Annex

Brain Teaser

You are riding on a beautiful white horse. On your left side is a drop off. On your right side are several ostriches begin chased by a lion. In front of you are four large gazelles that won't get out of your way, and you can't seem to overtake them. Behind you is a stampede of horses. What must you do to get out of this highly dangerous situation?

Submitted by Mike Matthews, Dir. Water/Sewer

See Employee Webpage for the answer.



From the County Manager

I hope that everyone has had a wonderful summer. In the midst of all the hard work we do, I hope you have been able to enjoy the summer and time off with family and friends.

Recently, most department heads and some other staff members and I completed additional NIMS training (National Incident Management System) which will prepare us on how to organize and respond to a disaster. Being that we are in the midst of hurricane season, and storms have already affected the US, it is important that we be prepared. All employees

should be familiar with our Emergency Operations Plan, and what is expected of you if we do have another disaster. If you are not sure, talk with your supervisor. More importantly, make sure your family is prepared. Go to the Emergency Services page on our website for information on how you can be ready.

I also want to say thank you to all of our employees, but especially those of you who work in departments with frequent client contact. I know sometimes you are confronted with upset or even irate clients. I realize that it is difficult to provide courte-



NIMS Training

ous customer service and maintain your professionalism in some cases, and that often you may feel you do a thankless job. I say thank you, and encourage you to continue to provide the services to our citizens that you would expect for yourself.

Lerene Carmon

Electronics Recycling Drive

Computer and Related Accessories Disposal Kick-off Event

Saturday, September 13, 2008
Edgecombe County Administration Bldg
Parking Lot 8 a.m. to 3 p.m.

Load up the car and bring your old computers, hard drives, monitors, keyboards, speakers, printers, adding machines, copy/fax machines, cell phones, telephones, and batteries to the Electronics Recycling Drive and we'll help you dispose of these items in an eco-friendly and secure way. **No** televisions, radios, VCR's, lights, camcorders, DVD Players, other electrical or non-electrical items, please.

Effective September 15, 2008, elec-

tronics will be accepted at the following Edgecombe County Recycling Center locations:

- | | |
|----------------|--------------------|
| Baie Road | Burnette Farm Road |
| Colonial Road | Dickens Road |
| Gay Road | Hart's Chapel Road |
| Living Hope Rd | Spivey Road |
| Wells Road | |

For more information, please call Keep America Beautiful of Nash & Edgecombe Counties at (252) 467-4960.

No Excuses

submitted by Cindy Coker, Tax Collector

Quote of the Month

"Peace will come to the world when people have enough to eat."

Momofuku Ando

..inventor of ramen noodles. Ando invented the noodles in 1958 in search of a cheap, descent food for the working class. Now 50 years since these Japanese invention, nearly 100 billion servings are



Every day offers you plenty of reasons to make excuses, but excuses bring you nothing of real value.

Sure, a plausible excuse may enable you to save face, to appear more diligent and disciplined than you know you are, but do you merely want to appear successful, or would you prefer to actually be successful?

Excuses hold you back because they enable you to avoid responsibility and the achievement it brings. You deserve more than just a life filled with useless excuses.

Instead of making excuses, choose to make some honest, authentic progress. Even a tiny effort is infinitely more productive than a big, impressive excuse. Don't settle for a growing list of reasons for failure. You can just as easily give yourself real, compelling reasons to succeed.

Free yourself from the shackles of useless excuses, and see this day as the grand opportunity that it is.

Make it a great day!

By Ralph Marston

Staff News

Lunch & Learn

Are You Too Busy for Your Health?

September 9th 1:00 - 2:00 PM

Edgecombe County Administration

Auditorium

Learn the easy way to incorporate exercise and healthy eating into your daily routine.

For more information call

Carolyn Hedgepeth at (252) 641-7832



• **Allen Peacock** in the Planning Department, has completed certifications for Inspections Level I across the board, including Electrical, Plumbing, HVAC & Building. He has started classes for Level II certifications. Congratulations to Allen from Ola Pittman, Planning Director.

• **Shirley Knight**, Health Department, is requesting **voluntary shared leave**. Anyone wishing to donate leave, please call Carolyn Hedgepeth at 641-7832

The Wellness Corner - How to Communicate With Your Doc



The key to safe health care is better communication between you and your doctor. The 5 points below will help you talk more openly with your doctor and will help your doctor give you the care you need.

1. **Ask Questions:** Write down your questions and bring them with you to the doctor's office. Include any concerns you may have about your health.
2. **Learn about your medications:** Don't be afraid to ask..."how much do I take and when? What should I do if I miss a dose? Are there side effects?"
3. **Keep track of your test results:** Make sure you get the results of any test or procedure, even if it comes back normal. Call your doctor and ask what the results mean and how they will affect your care.
4. **Discuss your hospital care:** Talk with your doctor about the hospital that will offer the most appropriate care for you based on the procedure you need.
5. **Understand your surgery:** Do not be afraid to discuss your expectations and concerns, including how long you can expect your recovery to take and if you will need special care or equipment once you are at home.